

# MTB trail – K : From Chamonix to Les Houches

● Average

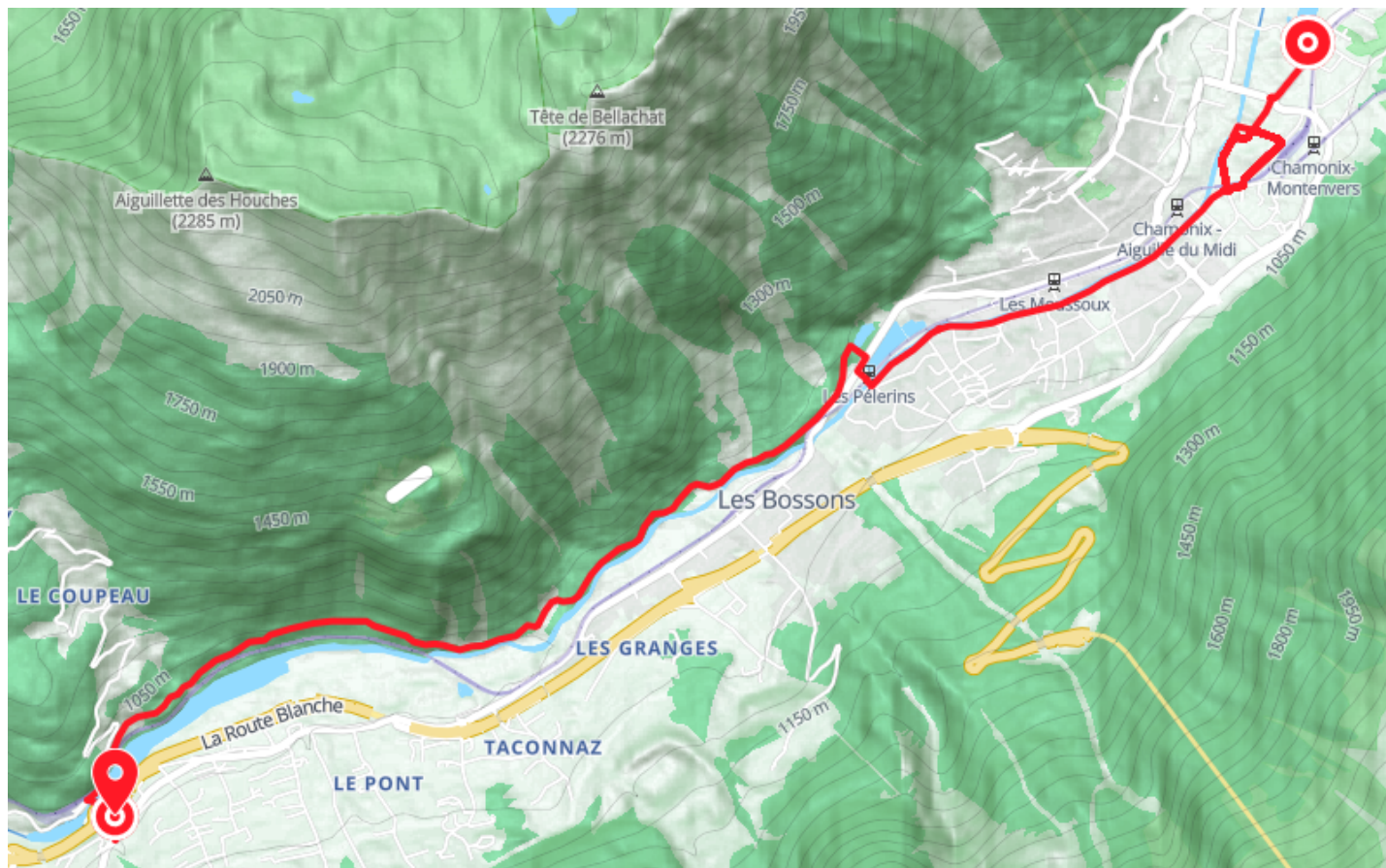
🚲 Mountain bike

🕒 2 h 59 min

↔️ 37.8 km

📍 **Départ** 21 Avenue de la Plage  
74400, Chamonix-Mont-Blanc

📍 **Arrivée** 55 Avenue des Alpes  
74310, Les Houches



## Descriptif

Possibility to do the course in the direction Les Houches – Chamonix : D+ 70 m.

Wearing a helmet and protections are highly recommended, mountain bike adapted to the descent with appropriate braking system.

Mountain bike guide available at all the rental companies in the valley as well as at the Tourist Offices.



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