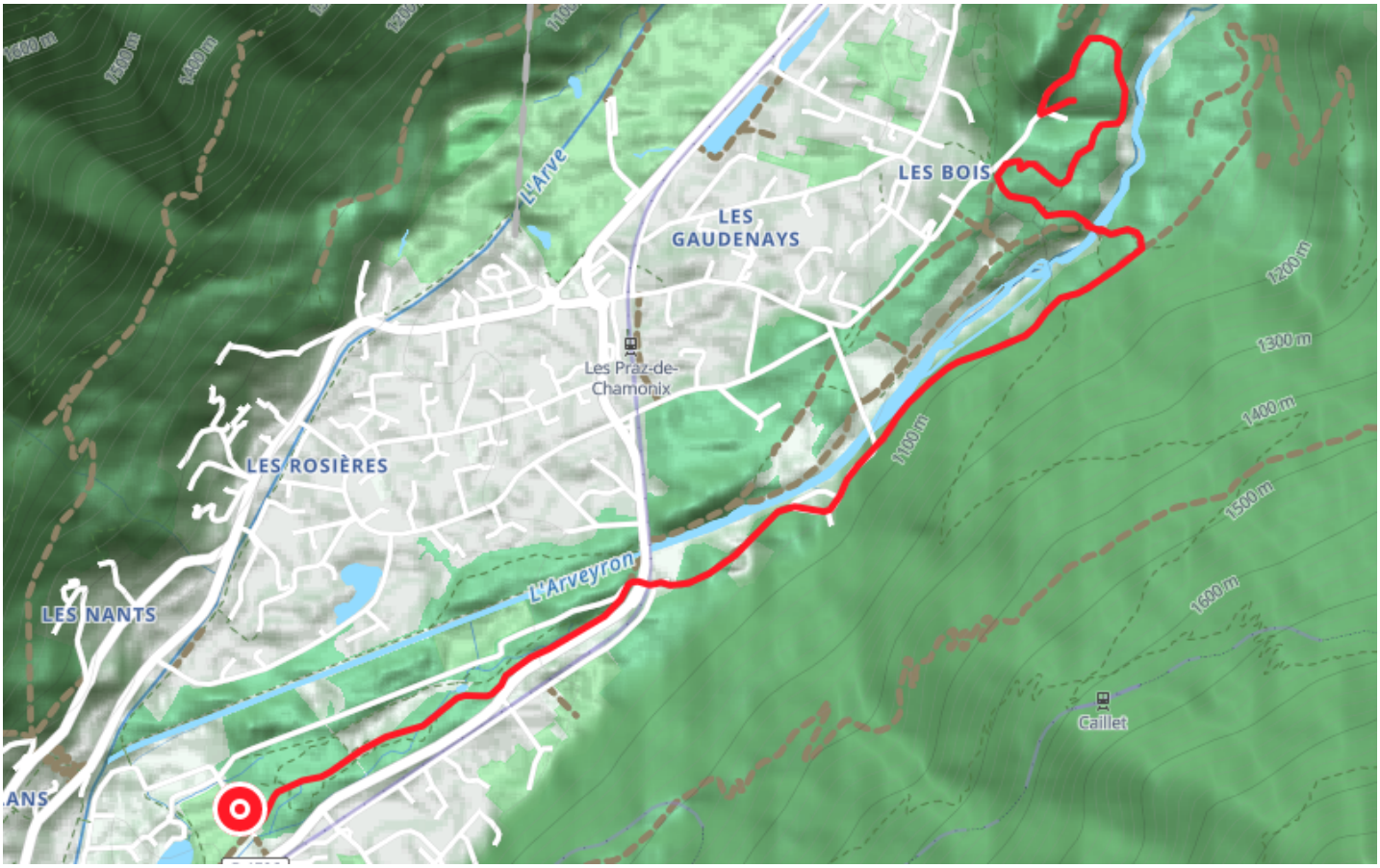
MTB trail: Chamonix-Les Tines

Average | **Mountain bike** | **40 min** | **4.03 km**

Départ 55 Chemin des Gourgnes
74400, Chamonix-Mont-Blanc



Descriptif

A relaxed trail from the centre of Chamonix to Les Tines.
A fairly easy loop along the paths and tracks in Le Bouchet wood.
The route runs along the left bank of the Arveyron torrent then to Les Tines via little paths and roads through the hamlets.
From Les Tines, the route passes under the railway line then takes the right bank of the Arve back to Chamonix.
The trail runs close to Les Paradis des Praz (be careful, there are a lot of pedestrians on this section), then the golf course before heading back into Le Bouchet wood via the hamlet of Les Gaudenays. Back to the Maison Nordique via Le Bouchet wood.

Helmet and protective gear highly recommended; mountain bikes must be equipped with a suitable braking system.

A mountain biking trail guide is available from the bike rental shops around the valley and the Tourist Offices.





Office de Tourisme de Chamonix
85 place du triangle de l'amitié
+33450530024
https://www.chamonix.com/

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