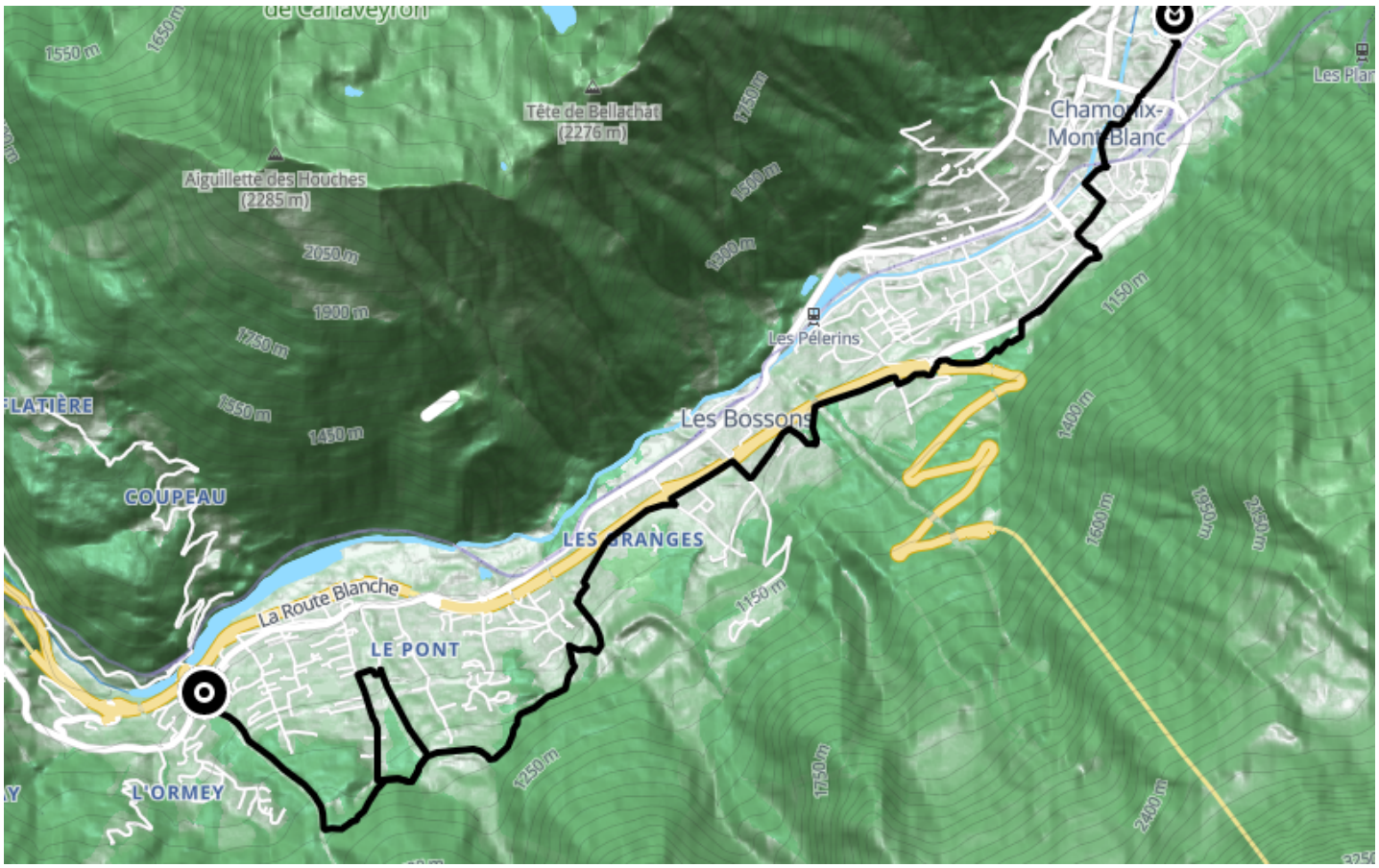
# MTB trail - O : From Les Houches to Chamonix

**Difficult** | **Mountain bike** | **1 h 24 min** | **12.1 km**

**Départ** 55 Avenue des Alpages
74310, Les Houches

**Arrivée** 39 Avenue de la Plage
74400, Chamonix-Mont-Blanc




## Descriptif

Wearing a helmet and protective gear is highly recommended, mountain bikes suitable for downhill riding with appropriate braking systems.

Mountain bike guide available at all the rental companies in the valley as well as at the Tourist Offices.



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